

In 2006, Richard Gwyn was given a year to live unless a suitable liver donor were found. A novelist and poet, he lost nine years of his life to vagrancy and alcoholism in the Mediterranean, principally Spain and Crete. This memoir is an account of his "lost" years; of addiction and reckless travel; serial hospitalizations; redemption via friendship, imagination, intellect, love and fatherhood; recovery; living with viral hepatitis, and the life-saving gift of a liver graft.



Richard Gwyn is a novelist, poet and critic. A brief incarnation as a beat poet in the late Seventies culminated in an appearance as a support act to The Cure. He also worked as an inadvertently fraudulent milkman and (legitimate) sawyer in London until an industrial accident led to voluntary exile from Thatcherism and nine years of vagrancy in the Mediterranean. His publications include *The Colour of a Dog Running Away*, published in the UK, USA and in many translations, and *Deep Hanging Out*, both novels; two academic titles on illness, the body, and communication, and several poetry titles, the most recent being *Sad Giraffe Cafe*. He is Director of the MA in the Teaching and Practice of Creative Writing at Cardiff University, and lives in the city with his wife and two daughters.

THE VAGABOND'S BREAKFAST

RICHARD GWYN

£9.99

ISBN: 9780956012555



ALCEMI 

www.alcemi.eu

Cover design: www.matthewtyson.co.uk

Author Photo: Jo Mazelis

The Vagabond's Breakfast

Richard Gwyn



The Vagabond's Breakfast Richard Gwyn

"Richard Gwyn's memoir – his down-and-out vagabondage around the Mediterranean – takes us on a terrifying, funny and erudite journey through alcoholism, insomnia and liver disease to a redemptive and self-accepting wisdom. One hell of a good read."

Desmond Barry

